



**FOR IMMEDIATE RELEASE**

February 19, 2019

**Contact:**

Jessica Pecchia

845.297.7600

jessicapecchia@pyramidmg.com

**ABILITIES FIRST: SHOWCASE OF RESOURCES FOR ENRICHMENT & INCLUSION  
RETURNS TO POUGHKEEPSIE GALLERIA**

**Poughkeepsie, NY** – For the third year, Abilities First, Inc. is hosting the Abilities First: Showcase of Resources for Enrichment & Inclusion at Poughkeepsie Galleria. This free event provides support to individuals with disabilities and will be held on Saturday, March 9 from 10am to 3pm throughout the lower level of Poughkeepsie Galleria.

The Showcase of Resources for Enrichment & Inclusion brings together resources and unique services or products that meet the everyday needs and interests of families, individuals or caregivers for those with any disability whether it be developmental, intellectual, physical, mental or others as well. For those in need of a sensory-sensitive environment, an early opening from 9:30am to 10:00am is available before the mall officially opens at 10:00am.

Enjoy a movie theater experience with lower sound and brighter lights courtesy of Regal's My Way Matinee Program. Starting at 10:00am, both *How to Train Your Dragon: The Hidden World* and *Captain Marvel* are available for viewing at Regal located on the lower level of Poughkeepsie Galleria.

Other activities include performances, demonstrations, meet-and-greets and other special events including the 3rd Annual Showcase Flash Mob featuring students and faculty from the Abilities First schools at 12:30pm. Hudson Valley Parent Magazine will be photographing kids for upcoming covers of their magazine as part of the MY ABILITIES ARE SUPER 2019 COVER KID SEARCH.

For more information please visit [Poughkeepsie Galleria's website](#) or [Abilities First, Inc's website](#).

###



**ABILITIES FIRST**



A PYRAMID PROPERTY

**About Abilities First, Inc.**

Founded in 1962, Abilities First is a not-for-profit organization serving the needs of those with developmental disabilities from preschool through adulthood. Abilities First has had a long-term commitment of providing a cohesive culture of compassion, empowerment and respect for people with a variety of disabilities through educational, vocational, residential, and habilitation services. It presently serves over 1,500 children and adults with disabilities in the Hudson Valley region of New York State. AF is accredited for the person-centered care by the Council on Quality and Leadership (CQL). Abilities First's mission is to provide people with disabilities and their families support to attain independence, self-determination, integration and acceptance by others through education, exploration and experience. For more information, visit [www.AbilitiesFirstNY.org](http://www.AbilitiesFirstNY.org) or on Facebook at [www.Facebook.com/AbilitiesFirstInc](http://www.Facebook.com/AbilitiesFirstInc).

**About Poughkeepsie Galleria**

Poughkeepsie Galleria is Dutchess County's largest, most dominant shopping destination for over 30 years. Anchored by Macy's, Target, Best Buy, Sears, JCPenney, Dick's Sporting Goods, Poughkeepsie Galleria offers 120 retail shops including Regal Cinemas. Additional information can be found at [www.PoughkeepsieGalleriamall.com](http://www.PoughkeepsieGalleriamall.com) and you can find Poughkeepsie Galleria on Facebook ([Facebook.com/PoughkeepsieGalleria](http://Facebook.com/PoughkeepsieGalleria)), Twitter ([@PokGalleria](https://twitter.com/PokGalleria)) and Instagram ([@Poughkeepsie\\_Galleria](https://www.instagram.com/Poughkeepsie_Galleria)).

**About Pyramid Management Group, LLC**

Pyramid Management Group, owner of Poughkeepsie Galleria, is one of the largest, most innovative, privately-held shopping center developers in North America. Headquartered in Syracuse, New York, Pyramid's portfolio of retail-based, tourist and entertainment destinations dominate the northeast, with 16 properties located throughout New York, Massachusetts and Virginia. For over 40 years, Pyramid has led the industry by combining the best elements of traditional retail with world-class dining and entertainment, all under one roof. For more information, visit [www.pyramidmg.com](http://www.pyramidmg.com).