

Volunteer with the Prince William Health District and Reshape Lives in Your Community

Make your community healthier by:

- ✓ *Promoting health and wellness at health fairs*
- ✓ *Helping residents navigate community resources*
- ✓ *Increasing links between health systems and the community*
- ✓ *Becoming a coach for community residents*



As a Volunteer, you will:

- ✓ *Receive wellness and healthy lifestyle training*
- ✓ *Experience healthcare in a community setting*
- ✓ *Gain knowledge on how to live a healthier lifestyle for you and your loved ones*

Training provided by the Prince William Health District.

We will work with your schedule.

Bi-lingual (Spanish) a plus.

For more information contact Bisrat Tesfagiorgis at 703-792-6802 or Bisrat.Tesfagiorgis@vdh.virginia.gov

